

**INVITATION to
CANBERRA CUP FREESTYLE WRESTLING
TOURNAMENT
and
COMMONWEALTH CHAMPIONSHIP
QUALIFIER
26th and 27th October, 2013**

Venue

**Australian Institute of Sport - Bruce ACT
Building 14**

Schedule

- Friday 25th, Weigh in for Individual and Team events at venue from 5-6pm.
- Saturday 26th, Individual Freestyle wrestling from 9am. **This will be a qualifying event for the Commonwealth Championships.**
- Sunday 27th, Team Freestyle Competition from 9am.

Participation

The Canberra Cup is both an individual and a team event. Any club or individuals that are a members of Wrestling Australia Inc. can enter.

Closing date for entries is **20th October, 2013**

Entry form attached.

Technical Conditions

The competition will be held in the weight categories listed below. These weight divisions apply to both the Team and Individual events. There will be a **2kg weight allowance** for both the **Individual and Team** event.

All wrestlers entering team competition must be 18 years of age.

Each team wishing to enter must comprise **2 wrestlers** in each of the following 5 weight divisions: 60kg, 66kg, 74kg, 84kg, 96kg. They must also include **1 wrestler** in the following 2 weight divisions: 50-55kg, 96-120kg

Therefore each wrestling team will be comprised of **12 wrestlers**.

Cost

The cost of entry for Canberra Cup is **\$50** for Seniors and **\$35** for Juniors/Cadets.

If a wrestler wishes to enter an additional age division there will be a fee of **\$20**.

There will be a competition fee of **\$20** per wrestler for the team event.

Please see entry form for payment details.

Weight Categories

MALE – FREESTYLE and TEAM

Cadets	Juniors	Seniors
39-42kg	46-50kg	50-55kg
46kg	55kg	60kg
50kg	60kg	66kg
54kg	66kg	74kg
58kg	74kg	84kg
63kg	84kg	96kg
69kg	96kg	96-120kg
76kg	96-120kg	
85kg		
85-100kg		

FEMALE – FREESTYLE

Cadets	Juniors	Seniors
36-38kg	40-44kg	44-48kg
40kg	48kg	51kg
43kg	51kg	55kg
46kg	55kg	59kg
49kg	59kg	63kg
52kg	63kg	67kg
56kg	67kg	67-72kg
60kg	67-72kg	
65kg		
65-70kg		

Competition Rules and Conditions of Entry

- All wrestlers are eligible to compete **only** if they are a member of a Constituent Association of Wrestling Australia Inc.
- **All competitors must be a financial member of Wrestling Australia Inc, and have a Wrestling Australia License book with valid stamp.**
- Weight categories are as per FILA Rules , all competitors must make weight within these categories. There is a **2kg weight allowance.**
- **Weigh in for individual competition will occur at the venue from 5pm to 6pm on Friday the 25th of October.** Scales for weight check will be available 3pm to 5pm.
- Competition will be conducted in accordance with FILA Rules; draw will use a modified pairing system.
- All competitors are **responsible for their own medical and physical fitness** to wrestle and understand that the nature of the sport of wrestling involves some physical risks that can result in serious injury or death.
- It is the Competitor's/Guardian's responsibility to ensure that the **competitor is fit to compete and is free of any skin lesions or infections.**
- All athletes are required to present their **Wrestling Australia Inc. National Wrestling License Book** at weigh in to satisfy proof of age and membership.
- Wrestling Australia has the right to disqualify competitors from competition in the event of rule or code of conduct breaches.
- The Australian Sports Drug Agency (ASADA) may conduct Drug Testing during the competition. ASADA may also conduct out of competition testing at any time. If requested by ASADA to undergo drug testing, the competitor must comply with the request. For more information on ASADA Drug Testing please contact ASADA at P.O. Box 345, Curtin ACT 2605, the Drugs in Sport Hotline 1-800- 020-506, or visit their website at <http://www.asada.gov.au/>.
- Photographs and videos of the competition may be reproduced, published, broadcast or any of the other acts comprised in the copyright by Wrestling Australia or authorised third parties.
- Weight categories are based on FILA regulations and are shown in table below. All competitors must make weight within these categories. The weight shown on the weighing scales at the time of the scheduled weigh in will be regarded as the official weight. Any weight check performed by an athlete prior to the official weigh in shall not be permitted to form the basis of a challenge to the official weigh in.

Code of Conduct

- I/my child shall behave in a dignified manner at all times and shall not do anything that may bring Wrestling Australia Inc., wrestling or myself into disrepute
- I/my child shall respect the spirit of fair play and non-violence towards all other competitors, officials and spectators
- I/my child shall abide by any lawful direction and respect the authority of any official who has authority to conduct any element of the competition.
- I/my child shall be accountable and accept responsibility for my/their actions.

Examples of Unacceptable Behaviour are:

- Sledging other athletes, officials or event organisers. Sledging is defined as a statement that is deemed to denigrate and/or intimidate another person.
- Publicly dissenting the decision of the referees or other officials.
- Creating a public disturbance, or acting in a way that becomes a public nuisance.
- Causing damage to another person's property.
- The use or encouragement of drugs and banned substances to enhance or inhibit performance.
- Engaging in any harassment, sexual or otherwise.

Age Categories:

Cadets: 16-17 years (from 15 with medical and parental certificate)

Juniors: 18-20 years (from 17 with medical and parental certificate)

Seniors: 21 years and older

- Wrestlers in the junior age category are allowed to participate in the competitions for seniors. However, wrestlers aged 18 in the year concerned must provide a medical certificate and parental authorisation.
- Wrestlers aged 17 in the year in question may not participate in senior or team competitions.
- 'Age' is the age that the competitor turns in the 2013 calendar year.

Accommodation

Accommodation for the tournament is available at the AIS. This accommodation can be booked individually, by contacting the AIS residences.

Residence Reception

Phone 02 6214 1388

7.30am – 10pm Mon-Fri

Email reservations@ausport.gov.au

Rates are \$80 (per person) for bunk shared rooms, \$105 (per person) for single, twin (non bunk) or triple share rooms and \$110 (per person) for flats. These prices include access to three (3) meals per night of stay