

# 2009 Down Under International Games Wrestling Tournament

The following is the proposed schedule: Please note that there will be one weigh-in, with a four pound weight allowance.

## **Saturday, July 4<sup>th</sup>: Coach and official meeting at 6:00 PM**

Coaches will turn in their team rosters at this time. Weigh-in cards will be given to coaches prior to weigh-in. There will be an Officials clinic to follow.

## **Sunday, July 5<sup>th</sup>: Team Weigh-in at 7:00 AM**

All wrestlers are to be in attendance at this time! Draw numbers will be assigned by the computer and placed on the weigh-in cards prior to weigh-in. A team may weigh in more than one wrestler at the same weight.

USA Junior weights: 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275. Female weights will be 80-83, 88, 94, 101, 108, 114, 123, 132, 143, 143-154. Female weights may be adjusted to accommodate the girls competing. A team may weigh in more than one wrestler at the same weight. Teams who have two or more wrestlers at every weight (or almost every weight) may enter two teams. Teams who have extra wrestlers at only a few weights may combine these wrestlers to form another team.

Individual weigh in cards will be used. These cards will be used to place wrestlers in both tournaments.

## **Sunday, July 5<sup>th</sup>: Beach Wrestling (King of the Mat)- Afternoon**

Wrestlers are divided into groups from weigh-in cards (last year we had five groups.) The wrestle on the sand until one wrestler is pushed out of the ring, or brought to their knees. This is more of a fun rather than competitive event. The competitors will wear swim suits or shorts and t-shirts.

## **Monday, July 6<sup>th</sup>: Individual Tournament**

Tournament begins at 9:00 AM on three mats. Wrestling will be done by weight classes. Order of weights will be posted as larger weight classes will wrestle first.

### **Individual Tournament Schedule**

9:00 AM Preliminary matches; beginning with the largest weights. There will be one pool in each weight class.

12:00 PM Lunch Break.

1:00 PM Wrestling to conclusion.

### **Coaches Draw at 6:00 PM**

Coaches will draw for team position in the dual team tournament and draft their teams. Teams who have extra wrestlers at every weight may enter two teams. Teams who have extra wrestlers at only a few weights may combine these athletes to form another team.

## **Tuesday, July 7<sup>th</sup>: Free Day**

## **Wednesday July 8<sup>th</sup>: Dual Team Tournament**

Tournament begins at 9:00 AM and will wrestle to completion on three mats. Pool sizes will be determined by the number of teams entered.