



**FEDERAÇÃO PORTUGUESA DE LUTAS AMADORAS**  
**PORTUGUESE WRESTLING FEDERATION**  
**XI TORNEIO INTERNACIONAL CIDADE DE ALMADA**  
**11TH INTERNATIONAL TOURNAMENT CITY OF ALMADA**



**Pavilhão Municipal da Costa da Caparica, Almada, Portugal**  
**Costa da Caparica Sports Hall, Almada, Portugal**  
**26-27 de Abril de 2003 # 26th-27th of April 2003**



## General Rules

### 1 – Sporting Rules

The competition will be conducted under the FILA Rules and Regulations.

The competition is opened to the age groups: Seniors (Juniors authorized to participate) and Cadets.

The competition will be conducted in Greco Roman Wrestling in the following categories (2Kg tolerance):

- 46, 50, 54, 58, 63, 69, 76, 85 (Cadets);
- 55, 60, 66, 74, 85 (Seniors).

Invited countries: Algeria, Armenia, Austria, Brazil, Belgium, Bulgaria, Cuba, Croatia, Denmark, Estonia, Finland, France, Germany, Hungary, Italy, Japan, Latvia, Lithuania, Moldova, Morocco, Netherlands, Norway, Poland, Romania, Russia, Spain, Sweden, Switzerland, Tunisia, Turkey, USA, Yugoslavia.

Awards: Medals for the first three wrestlers in each weight category – cups for the first three teams

### II – Provisional Programme

Arrival of the delegations:..... Friday, 25<sup>th</sup> of April 2003 - 13:00 – 18:30

Medical Control:..... Friday, 25<sup>th</sup> of April 2003 – 19:00

Weighting in:..... Friday, 25<sup>th</sup> of April 2003 – 20:00

Competition:..... Saturday, 26<sup>th</sup> of April 2003 – 15:00 – 18:00 – Preliminary Rounds

Opening Ceremony:..... Saturday, 26<sup>th</sup> of April 2003 – 20:00

Competition:..... Saturday, 26<sup>th</sup> of April 2003 – 21:00 – 22:00 – Preliminary Rounds

Sunday, 27<sup>th</sup> of April 2003 – 15:00 – 18:00 - Finals

Departure of the delegations:.....Monday, 28<sup>th</sup> of April 2003 (no later than 12:00)

### III - Financial Conditions

Lodging and food for the delegations composed according to the invitation will be supported by the organisation according to the programme. Extension of these dates or team's composition will be on your expense (60 EUR per person per day).

The team leaders must pay all financial obligations to the organizing committee upon arrival, and must make one payment for all in the delegation.

The organisation will provide transportation to and from the Competition Hall, as well as to and from the Airport of Lisbon or Lisbon Railways Station.

### IV – Lodging

All members of all delegations will be accommodated at the:

Hotel Costa da Caparica  
Avenida General Humberto Delgado, 47  
2825 Costa da Caparica  
PORTUGAL  
URL: [www.hotelcostacaparica.pt](http://www.hotelcostacaparica.pt)

Fax: +351 21 290 64 04

### V – Entries

Final nominative entries in the official entry forms are to be sent as follows to the Portuguese Wrestling Federation no later than 25<sup>th</sup> of March 2003.

### VI – Complementary Information

Correspondence relating to this event must be sent to:

*Portuguese Wrestling Federation*

Phone: +351 21 393 11 90

Apoios:

**Instituto Nacional  
do Desporto**



**C. M. Almada**





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Rua da Lapa, 14 - 2º  
 1200 - 702 Lisboa  
 PORTUGAL

Fax: +351 21 393 11 99  
 E-mail: [secretaria@fplutasamadoras.pt](mailto:secretaria@fplutasamadoras.pt)  
 URL: [www.fplutasamadoras.pt](http://www.fplutasamadoras.pt)

**PRELIMINARY ENTRY**

Team			Number of persons
Team Leader	.....	....	
Coach	.....	....	
Referee	.....	....	
Doctor	.....	....	
Other officials	.....	....	
Wrestlers	Cadets	.....	
	Seniors	.....	
Total	.....		

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Signature of the Federation President

Apoios:

Instituto Nacional do Desporto



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**Return no later than February 25<sup>th</sup>, 2003**

*To FPLA (Rua da Lapa, 14 – 2º, 1200-702 Lisboa – PORTUGAL – Fax: +351 21 393 11 99)*

**DEFINITIVE ENTRY**

Team		Name	First Name
Team Leader			
Coach			
Referee			
Doctor			
Other officials			
Wrestlers Cadets	46 Kg		
	50 Kg		
	54 Kg		
	58 Kg		
	63 Kg		
	69 Kg		
	76 Kg		
Wrestlers Seniors	85 Kg		
	55 Kg		
	60 Kg		
	66 Kg		
	74 Kg		
	84 Kg		

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<b>Means of transportation:</b>	<b>Airplane</b> <input type="checkbox"/>	<b>Auto bus</b> <input type="checkbox"/>	<b>Train</b> <input type="checkbox"/>
<b>Date of arrival</b>	/ /2003	<b>Flight Number</b>	
<b>Date of Departure</b>	/ /2003	<b>Flight Number</b>	

\_\_\_/\_\_\_/2003

Signature of the Federation President

**Return no later than March 25<sup>th</sup>, 2003**

*Join copy of passports if in need of visa*

*To FPLA (Rua da Lapa, 14 – 2º, 1200-702 Lisboa – PORTUGAL – Fax: +351 21 393 11 99)*

Apoios:

**Instituto Nacional  
do Desporto**



**C. M. Almada**

